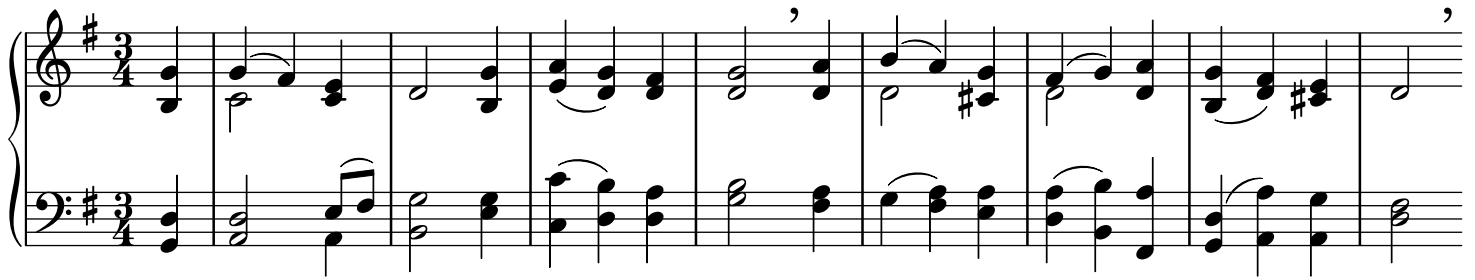


Take Up Thy Cross, the Saviour Said

Charles W. Everest / WAREHAM



1. "Take up thy cross," the Saviour said,
"If you would my disciple be:
take up thy cross with willing heart,
and humbly follow after me."
2. Take up thy cross; let not its weight
fill thy weak spirit with alarm;
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.
3. Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel;
thy Lord for thee the cross endured,
to save thy soul from death and hell.
4. Take up thy cross, then, in his strength,
and calmly ev'ry danger brave:
'twill guide thee to a better home
and lead to vict'ry o'er the grave.
5. Take up thy cross and follow Christ,
nor think till death to lay it down;
for only those who bear the cross
may hope to wear the glorious crown.

Inspiration: Matthew 10: 37-42, 16: 24-25; Mark 8: 34-35; Luke 9: 23-24, 14: 25-33.
Lyrics: 88.88; Charles W. Everest, 1814-1877, in his "Visions of Death, and Other Poems", 1833; revised in "Hymns Ancient and Modern", 1861.
Music: WAREHAM; William Knapp, 1698-1768, in "A Set of New Psalm Tunes and Anthems", 1738.